

Career Life Education: Course Outline (Fall, 2024)

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Office Location/Hours: Room 110 - Hours after school or by appointment



Course Description

Career Life Education (CLE) recognizes the interconnectedness of career development, personal well-being, and life planning. The course is designed to empower students to make informed decisions about their education, career, and personal life by fostering a holistic understanding of themselves and their future possibilities. CLE places a strong emphasis on self-discovery, helping students explore their interests, values, strengths, and aspirations. This process of self-reflection contributes to the development of a positive personal identity, laying the foundation for informed decision-making. CLE explores post-secondary options, including university, college, apprenticeships, and other training programs. The course guides students in understanding admission requirements, application processes, and financial planning. CLE promotes cultural competency by recognizing and valuing the diverse backgrounds and experiences of students. It encourages inclusivity in career exploration and planning, ensuring that all students feel represented and supported in their unique paths.

Unit	Big Ideas	About
Personal Identity	<ul style="list-style-type: none">➤ Lifelong learning fosters career-life opportunities.	Students will explore their personal identity by learning about the origins and theories of identity creation.
Maintaining Personal Health	<ul style="list-style-type: none">➤ Finding balance between personal and work life promotes well-being.	Understanding and recognizing social, emotional, physical, and mental well-being improves personal health experiences and adds to overall life fulfillment.
Career-Life Development	<ul style="list-style-type: none">➤ Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding.	Students will explore various career options, develop employability skills, and understand how their values, interests, and strengths can align with meaningful career choices.
Connections with Community	<ul style="list-style-type: none">➤ Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options.	Students will explore how building relationships with local organizations, businesses, and individuals can enhance their career prospects, personal growth, and sense of belonging.
Career-Life Planning	<ul style="list-style-type: none">➤ Career-life decisions influence and are influenced by internal and external factors, including local and global trends.	Students will use their skills and knowledge to set clear, achievable goals for their academic, career, and personal lives. This unit focuses on the decision-making process, strategic goal-setting, and adaptability to life changes.

Evaluation Scheme

The purpose of evaluation is to both assess and improve student learning. Students will be completing a number of different forms of assessment, including group work, as well as completing self-assessment pieces to track their learning. This is broken down as follows:

- **Participation** - 10%
- **Assignments** - 60%
- **Final Project** - 30%

Class Expectations

Classroom Behaviour

- **Be respectful** - Respect yourself and all others. This includes property, ideas, space, etc.
- **Be on time** - Come to class on time.
- **Be prepared** - Bring all your material with you, prepared to work for the entire class period.
- **Be mindful** - Please handle food, drinks, and electronics appropriately. Listen carefully to directions the first time they are given. If you don't understand any instructions, please ask for clarification. In the event that you finish work early, pull out your independent reading, or any other homework you may need to complete.

Absences

If you are absent from class, you are still responsible for any missing assignments. Please check Teams for any notes or handouts you missed. If you have an excused absence, you will be able to make up in-class assignments, quizzes, and/or tests, provided that you complete them **within a reasonable time frame**. Otherwise, no marks will be granted.

NOTE: All phones must be stored in your assigned locker and are not permitted in class.