



Career-Life Connections (CLC)

Course Outline Fall 2025

Instructor: Ms. Carpio

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Period 1 (Room 112)

Course Description: In Career Life Connections, students will deepen their understanding of personal and professional development by exploring the factors that shape identity and inform career-life choices. The course emphasizes self-assessment, reflection, and goal setting to support career-life planning and the creation of authentic evidence that showcases individual learning journeys. Students will build competencies of an educated citizen, including leadership, collaboration, digital literacy, and intercultural communication, while developing strategies for self-advocacy, well-being, and work-life balance. Through mentorship, community connections, and real-world exploration, students will examine workplace rights, safety regulations, and employment marketing strategies. They will also investigate post-graduation pathways—educational, personal, and career-related—while analyzing labour market trends and budget planning. The course culminates in a capstone experience where students demonstrate their learning and preparedness for diverse career-life transitions.

Course Overview: Students will engage in a variety of learning experiences that support the transition from secondary school to post-graduation life. They will explore personal strengths, values, and interests through self-assessment and reflection activities, and apply this understanding to career-life planning and goal setting. Students will learn to develop professional profiles, prepare for employment through resume building and interview practice, and explore workplace expectations, rights, and safety. By connecting with mentors and community members, they will gain insights into real-world opportunities and build social capital. The course also covers essential life skills such as financial planning, maintaining work-life balance, and understanding global and local trends that influence career pathways. A key component of the course is the capstone project, where students will compile and present evidence of their learning journey and readiness for future transitions.

Big Ideas:

1. Career-life development includes ongoing cycles of exploring, planning, reflecting, adapting, and deciding.
2. Career-life decisions influence and are influenced by internal and external factors, including local and global trends.
3. Engaging in networks and reciprocal relationships can guide and broaden career-life awareness and options.
4. A sense of purpose and career-life balance support well-being.
5. Lifelong learning and active citizenship foster career-life opportunities for people and communities.

Course Materials: Laptop, paper, and pencil.

Attendance Policy: Students are expected to arrive at class on time and ready to engage. If you are absent from the class, please check on Teams for any notes or handouts you missed. You must make up assignments in a timely manner in order to receive full credit.

Honesty Policy: Work will be assessed for authenticity. Dishonesty will result in consequences, including '0' marks or no credit.

Technology Policy: All technology, including cell phones, will be used at the discretion of the teacher.

Assessment Guidelines: Student participation will be assessed as part of each module.

Coursework	Value
Written Assignments	50%
Daily Engagement and Participation	10%
Capstone Project	40%
Total 100%	