



Career-Life Education (CLE)

Course Outline Fall 2025

Instructor: Ms. Carpio

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Period 1 (Room 112)

Course Description: In Career Life Education, students explore and analyze “career evidence” to develop a clearer understanding of their professional identity within the context of a rapidly changing, interconnected 21st-century world. Through collaboration and critical thinking, they examine how external influences – such as technology, culture, law, and environmental and social change – affect career-life decision-making, particularly in relation to Canadian societal norms and values. The course equips students with essential skills of an educated citizen, including resume and cover letter writing, professional communication, research, and interview preparation, while encouraging reflection on their evolving roles as professionals. Students are also introduced to abstract concepts such as ethical judgment, personal mission development, and the ongoing balance between personal life and career.

Course Overview: Throughout the course, students will create key professional documents, explore how digital and social media shape career identity, and develop strategies for navigating post-secondary education and the workforce. They will also engage in critical discussions around multiculturalism, ethics, and inclusivity in Canadian society. By examining how professionals build relationships across cultural, legal, political, and Indigenous contexts, students will gain insight into the broader responsibilities of citizenship and career-life readiness. Success in this course depends on active participation, openness to diverse perspectives, and thoughtful engagement with real-world challenges and opportunities.

Big Ideas:

1. Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding.
2. Career-life decisions are influenced by internal and external factors, including local and global trends.
3. Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options.
4. Finding balance between personal and work life promotes well-being.
5. Lifelong learning fosters career-life opportunities.

Course Materials: Laptop, paper, and pencil.

Attendance Policy:

Students are expected to arrive at class on time and ready to engage. If you are absent from the class, please check on Teams for any notes or handouts you missed. You must make up assignments in a timely manner in order to receive full credit.

Honesty Policy:

Work will be assessed for authenticity. Dishonesty will result in consequences, including ‘0’ marks or no credit.

Technology Policy:

All technology, including cell phones, will be used at the discretion of the teacher.

Assessment Guidelines: Student participation will be assessed as part of each module.

Coursework	Value
Module 1 Personal Exploration	35%
Module 2 Resume, Cover Letter, and Interview	20%
Module 3 Work Life Balance & Safety	25%
Module 4 Personal Finance & Entrepreneurship	20%
	Total 100%