



# Career-Life Connections (CLC)

Course Outline Winter 2026

**Instructor: Ms. Carpio**

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## **Course Description:**

In Career Life Connections, students will deepen their understanding of personal and professional development by exploring the factors that shape identity and inform career-life choices. The course emphasizes self-assessment, reflection, and goal setting to support career-life planning and the creation of authentic evidence that showcases individual learning journeys. Students will build competencies of an educated citizen, including leadership, collaboration, digital literacy, and intercultural communication, while developing strategies for self-advocacy, well-being, and work-life balance. Through mentorship, community connections, and real-world exploration, students will examine workplace rights, safety regulations, and employment marketing strategies. They will also investigate post-graduation pathways—educational, personal, and career-related—while analyzing labour market trends and budget planning. The course culminates in a capstone experience where students demonstrate their learning and preparedness for diverse career-life transitions.

## **Course Overview:**

Students will engage in a variety of learning experiences that support the transition from secondary school to post-graduation life. They will explore personal strengths, values, and interests through self-assessment and reflection activities, and apply this understanding to career-life planning and goal setting. Students will learn to develop professional profiles, prepare for employment through resume building and interview practice, and explore workplace expectations, rights, and safety. By connecting with mentors and community members, they will gain insights into real-world opportunities and build social capital. The course also covers essential life skills such as financial planning, maintaining work-life balance, and understanding global and local trends that influence career pathways. A key component of the course is the capstone project, where students will compile and present evidence of their learning journey and readiness for future transitions.

## **Big Ideas:**

1. Career-life development includes ongoing cycles of exploring, planning, reflecting, adapting, and deciding.
2. Career-life decisions influence and are influenced by internal and external factors, including local and global trends.
3. Engaging in networks and reciprocal relationships can guide and broaden career-life awareness and options.
4. A sense of purpose and career-life balance support well-being.
5. Lifelong learning and active citizenship foster career-life opportunities for people and communities.

**Course Materials:** Laptop, paper, and pencil.

## **Class Participation:**

Active daily engagement and participation are expected and will be assessed using a participation rubric. Students are encouraged to contribute respectfully to discussions and learning activities.

**Attendance Policy:**

Students are expected to arrive on time and prepared to participate in class.

- Arrival within 5 minutes after the scheduled start time will be recorded as late.
- Arrival 15 minutes after the scheduled start time will be recorded as absent (late).

If you are absent, it is your responsibility to check Microsoft Teams for any notes, handouts, or announcements. Missed assignments must be completed and submitted in a timely manner to be eligible for full credit.

**Language Policy (English-Only):**

English is the language of instruction and communication in this classroom. Students are expected to use English at all times during class activities, discussions, and group work to support academic language development and ensure inclusive participation.

**Academic Honesty Policy:**

All submitted work must be original and completed with integrity. Academic dishonesty, including copying or plagiarism, will result in consequences such as a mark of zero or no credit for the assignment.

**Technology Policy:**

The use of technology, including cell phones and personal devices, is permitted only at the discretion of the teacher and for educational purposes.

**Assessment Guidelines:** *Student participation will be assessed as part of each module.*

<b>Coursework</b>	<b>Value</b>
Written Assignments	50%
Daily Engagement and Participation	10%
Capstone Project	40%
<b>Total 100%</b>	